



**April 2023**

**President's Corner**

Shannon Norman MBA, SHRM-SCP, PCC

Hello to the ICF STL Charter Chapter!

As we enter the second quarter of the year, it's time to share what's been happening in our chapter. Thank you Linden Crawford, Tom Krapu, and Dawn Newman for making the coaching fishbowl a success!

Reminder of the video library - Members are able to view select recorded programs on our website. Based on the positive feedback, we will continue this offering.

Our board continues working on a survey that we plan to get out this month. The success of our chapter relies heavily on feedback from you. When you receive the survey by email, we would greatly appreciate you making time to complete it. We are dedicated to increasing the value of the chapter to members as well as the diversity of members. If you prefer a conversation to share your thoughts, please contact me by email.

International Coaching Week is May 8-14th. We are planning a meet-up on May 11th at 5:30 pm. Thank you to Sandy Tomey and Wendy Edelstein for working to locate a central meeting location. We will reserve a space and the coaches and guests who attend will be responsible for their own drinks and food. This will be a fun in-person event to celebrate the power and impact of professional coaching. We welcome guests and hope to see you there! More information will be sent soon by email.

The Coaching Cafe scheduled for May will not happen since we are meeting to celebrate the night before it was planned for International Coaching Week. It will be rescheduled later in the summer.

We invite you to consider serving in one of the open board positions by reaching out to me to learn more. My email is: [shannonnormancoaching@gmail.com](mailto:shannonnormancoaching@gmail.com)

**The current vacancies are:**

Co-Programming Director (the other role is filled by JP Ramon)

Hospitality Team (seeking 2-3 members)

DEIJB Director (diversity, equity, inclusion, justice, and belonging)  
Marketing & Media Director (Paul Diem will continue in the Media Chair role)

### **Benefits of serving on the ICF STL Chapter Board:**

- 1. Personal and Professional Development:** Allows you to develop new skills and gain valuable experience in areas such as leadership, decision-making, and strategic planning.
- 2. Networking Opportunities:** Provides you opportunities to network and connect with other professionals in the coaching community.
- 3. Giving Back to the Community:** Allows you to give back to your community and make a positive impact in the lives of others.
- 4. Sense of Purpose and Fulfillment:** Provide a sense of purpose and fulfillment, as you are able to contribute to the mission and vision of ICF, ICF STL, and the Greater St. Louis Area.
- 5. Exposure to Different Perspectives:** Allows you to gain exposure to different perspectives and ideas, which can lead to more effective decision-making and problem-solving.
- 6. Building Resume:** A great way to build your resume and demonstrate your leadership and volunteer experience.
- 7. CCE's:** Earn resource development CCE's for participating in ICF STL Board meetings.

### **Our next ICF St. Louis Chapter Programs**



**April Program registration link:**

[https://www.icfstl.org/content.aspx?page\\_id=4002&club\\_id=597662&item\\_id=19305](https://www.icfstl.org/content.aspx?page_id=4002&club_id=597662&item_id=19305)  
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## May International Coaching Week May 8-14th

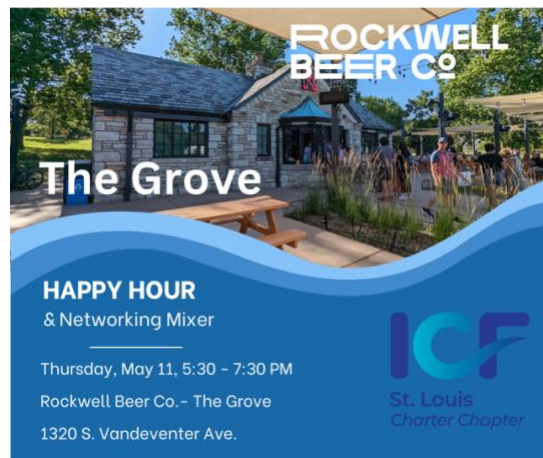
### Networking Hour - Friday, May 11th from 5:30-7:30pm

Rockwell Brewery – The Grove

Join us for a networking Happy Hour to mix and mingle with old friends and new.

#### Register Here:

[https://www.icfstl.org/content.aspx?page\\_id=4002&club\\_id=597662&item\\_id=1957977](https://www.icfstl.org/content.aspx?page_id=4002&club_id=597662&item_id=1957977)



**Coaching Cafe** will be rescheduled to the summer since we are meeting for International Coaching Week.